

# KEWA HEALTH

Healthy People, Healthy Community, Healthy Lifestyles 

NEWSLETTER

OCTOBER 2025

2025

KEWA PUEBLO HEALTH CORPORATION

## HEALTH FAIR

"PREVENTION IS POWER"

# Thank You

*for making our health fair a great success!*

**1,000 MEALS SERVED**

**500 T-SHIRTS GIVEN OUT**

**4 SPEAKERS**

- BEVERLY BACA - COLOGUARD
- KRYSTLE SAMORA, RN, OCN - XTRANM
- DR. STEPHANIE FINE - CHRISTUS ST. VINCENT CANCER CENTER
- ASHLEY DURAN - MY STORY

**32 OUTSIDE VENDORS PARTICIPATED 24 KPHC DEPARTMENTS**

CHR/Prevention Program • Native Health Initiative • X-Ray Associates of New Mexico (XTRANM) • Always There Home Care, LLC.

Roadrunner Food Bank • Heritage Med Advisors/Devoted Health Plan • Legacy Hospice • Lovelace Health System  
Enchanted Sky Hospice • Klarus Home Health • Albuquerque Police Department • CommonSpirit St. Joseph's Children • EPICS

United Healthcare • Peopleworks-NM Problem Gambling Program • BeWell • UNM Truman Health Services  
Meridian Behavioral Health Inc. • Santo Domingo WIC • CIRT • Santo Domingo CHR/Injury Prevention • Renal Medicine Associates

Soaring Eagles Home Care • La Vita Bella Homecare and Hospice • Santo Domingo EMS  
Blue Cross and Blue Shield of New Mexico • CHRISTUS St. Vincent • Kewa Health Outreach Program

Santo Domingo Early Childhood Learning Center • BeWell NM  
NMDOH Office of the Tribal Liaison/Office of Alcohol Misuse Prevention • Exact Sciences • Santo Domingo Enrollment Office  
Kewa Pueblo Health Corporation Departments

# MEDICAL ASSISTANTS RECOGNITION WEEK OCTOBER 20-24, 2025



## Talking With Germaine, MA...

Germaine Nieto, a Kewa Pueblo community member, has been with KPHC as a medical assistant for quite some time now. She even carried out her Medical Assistant student externships here at KPHC. So, in celebration of Medical Assistant week, we had a few questions for her. So, Germaine...

1. **Why did you decide to become a medical assistant?** I chose to become a medical assistant because I'm passionate about caring for others and making them feel comfortable during stressful times. I wanted to be part of a team that improves people's health and supports them through their medical needs.
2. **What do you enjoy most about working with pediatrics?** I enjoy working in pediatrics because I know helping sets the foundation for a child's lifelong health. Being a part of their early care and supporting families as they learn how to keep their children healthy is very meaningful to me.
3. **What do you find most challenging about this role?** Working with Pediatrics challenges me to communicate clearly, be patient and stay creative in how I comfort and care for children. It's a field that constantly helps me grow as a medical assistant.
4. **How rewarding does it feel to give back to your own community?**

Working as a medical assistant in my own community means more than just doing my job. It's about helping people I truly care about, seeing familiar faces and being able to give back to those who have supported me. This makes my work feel personal and rewarding. It also reminds me everyday why I chose this profession.

Germaine Nieto, MA -



## SCREEN TIME FOR KIDS

### NEW RECOMMENDATIONS

The longtime "no screen time before 2" rule is out. Here are the latest recommendations from the American Academy of Pediatrics.

18 Months or younger



No screens are still best.

The exception is live video chat with family and friends.

18 Months to 2 years



Limit screen time and avoid solo use.

Choose high-quality educational programming, and watch kids to ensure understanding.

2 to 5 years



Limit screen time and avoid solo use.

Parents should watch as well to ensure understanding and application to their world.

6 or older



Place consistent limits on the time spent and types of media.

Don't let screen time affect sleep, exercise or other behaviors.

Set family media free times, like meals or driving, and media free zones, like bedrooms.

Continue discussing online citizenship and safety, including treating others with respect online and offline.



Santo Domingo Health Center  
505-465-3060

Santo Domingo Health Center Phone Tree

- 1 Primary Care Provider
- 2 Pharmacy
- 3 Nurse
- 4 Optometry
- 5 Dental Clinic
- 6 Behavioral Health
- 7 Purchased Referred Care
- 8 Human Resources
- 0 Operator



# Veterans Day CLOSURE

Santo Domingo Health Center will be closed  
Tuesday, November 11th, 2025  
Regular business hours will resume on  
Wednesday, November 12th, 2025

Santo Domingo Health Center has contracted with FoneMed Nurse Triage Service to provide our patients with medical advice when the clinic is closed. You will get a recording message, option 1 will be if you want to schedule an appointment but our clinic is closed. You can leave a message and we will call you back once we open again. Option 9 will transfer the calls to our Triage Nurse Line to speak with a live nurse.



# All Souls' Day CLOSURE

FRIDAY, OCTOBER 31ST, 2025

**Santo Domingo Health Center will be closed**  
Regular business hours will resume on  
Monday, November 3rd, 2025

Santo Domingo Health Center has contracted with FoneMed Nurse Triage Service to provide our patients with medical advice when the clinic is closed. You will get a recording message, option 1 will be if you want to schedule an appointment but our clinic is closed. You can leave a message and we will call you back once we open again. Option 9 will transfer the calls to our Triage Nurse Line to speak with a live nurse.



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# FINANCIAL LITERACY SEMINAR

NOVEMBER 19TH, 2025  
1:30PM-2:30PM IN THE  
LARGE CONFERENCE  
ROOM

INTRO TO CREDIT/BUDGETING



Presentation by:



LUNCH TO BE PROVIDED



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## WELCOME OUR NEW STAFF MEMBERS

Angelica Bird, Pharmacy Technician  
Leslie Zamudio-Martinez, Pharmacist  
Lionel Sandoval, Motor Vehicle Operator

## EMPLOYEES OF THE MONTH SEPTEMBER 2025

### Myra Martinez LPN

Nursing  
Clinical Team

### Pearlyn Candelaria

Human Resources Associate  
Administrative

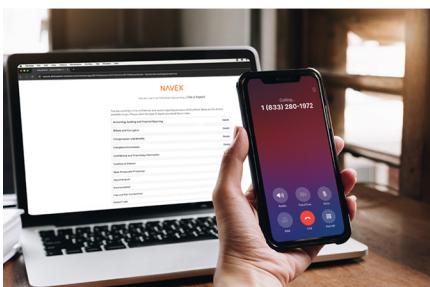


## FONEMED

### After-Hours Nurse Triage Line

Santo Domingo Health Center has contracted with FoneMed. An Nurse Triage Service to provide our patients with medical advice when the clinic is closed. After-Hours, you will get a recording message, option 1 will be if you want to schedule an appointment but our clinic is closed. You can leave a message and we will call you back once we open again.

Option 9 will transfer the calls to our After-Hours Triage Nurse Line to speak with a live nurse.



## NAVEX™

### Santo Domingo Health Clinic

### Ethics Reporting Hotline Is Now Available!

We are listening! If for some reason there is an issue when you come to our facility and our staff is not able to resolve your matter to your satisfaction, please let us know. EthicsPoint is a comprehensive and confidential reporting tool created by NAVEX.



**Santo Domingo Health Center**  
POB 340 | 85 West Highway 22  
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WWW.KP-HC.ORG

**Hours of Operation:**  
Monday, Tuesday,  
Thursday, Friday  
8:00 AM - 5:00 PM  
Wednesday  
1:00 PM - 5:00 PM

*Ensuring health and wellness through excellence in health care with respect for culture*

## CAREERS

*Join our team*

**Current Openings:**  
Compliance Specialist  
Director of Pharmacy Services  
Family Nurse Practitioner  
Physician Assistant  
PRN - Registered Nurse I/II/III



**SCAN TO APPLY**